4-DIMENSIONAL EXPERIENCE

VISION The 4-Dimensional Experience seeks to empower our community to be resilient and courageous champions of the public good leading lives of purpose and passion, and having fulfilling careers.

MISSION The 4-Dimensional Experience connects intellectual growth with career development, character exploration and well-being. This happens in an intentional co-curricular environment where students build pathways of purpose, passion and perseverance throughout their DU experience through the academic curriculum, programming, mentorship, access to opportunities, and critical reflection.

GUIDING WORDS

CHARACTER EXPLORATION Courage, Awareness, Resilience, Responsibility, Ethics

INTELLECTUAL GROWTH Quantitative Reasoning, Communication, Intellectual Engagement and Reflection, Engagement with Human Diversity, Community Engagement, Disciplinary Knowledge and Practice

CAREER DEVELOPMENT Professional Vision & Self Awareness, Skill Development & Articulation, Build Connections, Gain Experience, Professional Communication

WELL-BEING Social/Community, Purpose, Emotional, Physical, Financial

KEY ELEMENTS/OUTCOMES

INTENTIONAL Connecting learning to passion and purpose through customized, student-driven plans

4-YEAR EXPERIENCE Map out 4 years of experiences based on student interest areas and career goals

INTEGRATION Plans include all 4 dimensions: Character Exploration, Intellectual Growth, Professional Development, and Well-being

COACHING/MENTORSHIP Students are supported by a team of mentors (faculty, staff, students and alumni) who help them set, evaluate, and achieve their goals

CO-CURRICULAR Students participate in extracurricular activities that align with their academic, personal and professional goals

PERSONALIZATION 4D aims to build a framework for students to utilize to connect their various interests and experiences they hope to get out of college

SKILLS TAKEAWAY 4D helps students leave with tangible skills that make them marketable and sought after employees
### 2020 PILOT COHORT

#### Orientation
- **Introduction to 4D**
- **Dimension Activities**
- **Breakout Session with Faculty**
- **Introduction from Chancellor**

#### Fall Quarter
- **Character Exploration**: Attend a leadership workshop series or a C+V Event
- **Intellectual Growth**: Design Your DU FSEM
- **Career Development**: Create/update resume and meet with a career advisor
- **Well-being**: Dedicated well-being event with additional opportunities

#### Winter Quarter
- **Character Exploration**: Attend one of DU's Summits/Conferences
- **Intellectual Growth**: Menu of options
- **Career Development**: Attend one networking event or career fair
- **Well-being**: Menu of well-being events in each well-being dimension
- **Launch Alumni Mentorship Program Pilot (Industry Insights Group)**

#### Spring Quarter
- **Character Exploration**: Menu of character exploration events
- **Intellectual Growth**: Attend menu of events
- **Career Development**: Attend one career workshop or seminar of interest
- **Well-being**: Menu of well-being events in each well-being dimension

### PILOT COHORT HIGHLIGHTS
- 134 students in 8 First Year Seminar Sections
- Students participate in 4 hours of co-curricular activities outside of the classroom
- Students engage in specific mentoring and advising while they work toward building/developing a unique, customized plan for their DU experience